

# The Tidal Wave

July-August, 2018 Volume 2, Issue 6

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## Hello from the Coaches

### Coach Jim, President, Head Coach Report

The summer season is in full stride and we are heading towards championship season.

The coaching staff is really excited about the growth the team has made. We have a few more meets on our schedule:

July 14<sup>th</sup> and 15<sup>th</sup>: 10 & under champs, Albany, Or July 21<sup>st</sup>: Summer Blast 3, MHCC July 31<sup>st</sup> -August 4<sup>th</sup>: Senior Zones, Clovis, California

August 10<sup>th</sup>-12<sup>th</sup>: Bend Invite

Augusts 11<sup>th</sup>: Summer Blast 4, MHCC

Make sure to get entered to as many meets as possible.

We are going through coaching changes this summer and into the fall. I want to thank Lauren Nelson for helping us out and getting us through the spring. I also want to thank Jonathan Merkley for coming back and helping us through the summer. We are currently looking for an experienced age group coach to begin in the fall that will give us stability in futures years.

#### **Senior Newsletter**

The senior group is having a great summer. We swam in the cold of MHCC in June and then we attended the Dalles meet



Photo by Karie Lippert

where we had some great swims. In addition, we had a few kids swim at the T-Hills summer classic. At that meet Mia Smith and Vu Lam both got their first A times. Daniel Wong just missed his zone cut in the 200 Breast. Congratulations to all three of them.

Hannah Walker, Julie Schwam, Vu Lam, Mia Smith, Daniel Wong, Amelia St Peters, and Kenzie Lang will all be competing at the State Championship at MHCC. Hannah Walker and Julie Schwam will be traveling to Clovis, California to compete in the Senior Zones championship.

# Hello from the Coaches



Photo by Tim Cowley

### **Coach Bobby**

#### **CHAMPIONSHIP TIME AND SEASON'S END**

Every good thing must come to an end, and that is how every season goes. I am very excited about how this season is going to an end with some very successful swimming. There has been some added commitment to excellence for a lot of the young swimmers on DDAC, and that increased zest for "being your best" will create some amazing moments at the meets at the end of the season. Each season requires a goal to be set and drive to achieve daily. That drive consists of the willingness to sacrifice comfort and the desire to be challenged consistently. We have a lot of swimmers who have put in the work necessary during the season to be greatly rewarded at the conclusion.

#### **GOODBYE DODSON FAMILY**

Last year about this time I wrote a newsletter article about thanking Jonathan Merkley for his incredible service to our club and wishing him luck on his next venture at college in Pennsylvania. He completed his first year at Mercyhurst in admirable fashion with perfect grades and making a positive impact on the Water Polo team. DDAC is grateful to have him return to the deck during this summer and hopefully many summers to come. This year, DDAC needs to send a HUGE



Photo by Robin Young

thank you to the Dodson Family for their amazing service to our club and the best of wishes on their future endeavors in moving to nearby Lake Oswego.

Tim and Non Dodson started with DDAC during our inaugural season of September 2016. They have both been an integral part of the success to our young program. They are super parents who are very encouraging to their kids (Rae and Tye) and supply a great stability to allow them to achieve big things. Tim did a marvelous job stepping up as a volunteer coach when the program was in need due to Jonathan leaving for college. He demanded excellence from the swimmers and the kids responded well to his leadership. Non has been a wonderful volunteer to our program, always willing to be a timer at swim meets (many times stepping forward when no other DDAC parent would). She has served as our head timer for our home meets, and has recently created and led a diverse and intelligent dryland program. DDAC will greatly miss the Dodson's' involvement in our club. It will take a huge group effort to fill the void they are leaving. Thank you so much for all you have done and we wish you great success with your new life in Lake Oswego. Rae and Tye are both very talented swimmers and wonderful kids, and I am excited to see what they can accomplish during their swimming career.

#### **Short Course Season Dates to Remember**

Registration Week: September 4<sup>th</sup> – September 7<sup>th</sup>.

Swim Camp Dates, Time 6:00-7:30pm

Tuesday 9/4 – Long Axis Stroke (Free & Back),

Wednesday 9/5 – Short Axis Strokes (Fly & Breast)

Friday 9/7 – Starts & Turns

Monday September 10<sup>th</sup> – First Practice of Short Course 2018-2019 Season.

Thanks - Bobby



Photo by Robin Young

### News from the Treasurer

Hello Swim Families!

Please read! This information is important to everyone regarding billing.

**No dues will be charged in August!** Please note: You will still receive a bill for any miscellaneous items added to your account or any meets you attended in July!!

### 2018-2019 Short Course Registration will open September 1st

**Everyone** will need to renew their USA Swimming Registration. **2018-2019 USA Swimming** Registration is \$70 per swimmer. Please be advised that this fee is regulated by USA Swimming, not David Douglas Aquatics Club. If you are eligible for SNAP or Food Stamp benefits, you may be eligible for the Outreach Program that reduces the USA Registration fee to \$5. Oregon Swimming requires a copy of your food stamp card to be eligible. For all returning swimmers, there is an additional annual David Douglas Aquatics Club membership fee of \$25, also to be collected in September.

All account balances must be paid in full before your swimmer may start the 2018-2019 Short Course Season.

### **Team Warm Ups:**

Anyone who did not get warm ups during our last order will have a chance to order again in September! Jackets \$35 / Pants \$30.

#### **CPA Grant Wilson Hired!**

Grant Wilson is David Douglas Aquatics Club's newest member...not really though. An avid basketball athlete himself as a youngster, Grant was excited to visit our pool just a few months back. Grant was hired to prepare, guide and maintain the proper filings our club needs to maintain our non-profit status and to be compliant with all state and federal guidelines. The board could not be happier with his level of professionalism and expertise. Welcome to the team Grant!

If you have any questions, concerns or comments please email me or see someone at the front desk during swim practice times.

Thank you! Valerie Lang - DDAC Treasurer

## **DDAC Board Elections**

#### Hello DDAC families!

July is the month when board elections will take place. Keep an eye out in your mailbox for the upcoming ballot. Please complete your vote and drop off at the pool in the ballot box no later than August 3rd.

This year there are three positions. The DDAC board member positions that are on the ballot include President, Treasurer and Secretary. Each position is for a two-year term.

#### Running Candidates are as follows:

President: James Bowe Treasurer: Valerie Lang Secretary: Karie Lippert

Thank you, Anna Schwam DDAC Vice President



Photo by Robin Young



Long Course celebration at Oaks Park! Wednesday, August 8, 2018 5:30-9:00pm

It's time for our annual DDAC Oaks Park Long Course celebration! Mark your calendar and join us Aug 8th 5:30-9 p.m. Swim team member ride bracelet cost is \$6.00 and non-member ride bracelet cost is \$11.50. There is no admission fee to enter the park for those who do not wish to enjoy the rides. The member's account will be charged for the number of guests and swimmers who attended. Picnic area #2 will be available to our group (it is a shared area for all summer rec groups). Feel free to bring chairs, shade and snacks if you wish. There are food vendors within the park as well.

## Please let us know who is attending!

Visit the DDAC website, sign in, select **Events**, select **Oaks Park Long Course Banquet**, click on the **Edit Commitment** button, click on your swimmer's **name**, then choose **yes** or **no** in the Declaration drop-down menu. Please provide the number of swim team members and non-members attending in the **notes** field.

Thank you!



### Who Needs A Break???



Photo by Robin Young

I'm guessing we all do, swimmers and parents alike! Starting Friday, August 10, kids will have NO PRACTICE (swimming and water polo) until we resume in Short Course season on Monday, September 10, 2018. This is a perfect time to do something fun other than swim! (Although can we ever really keep our kids out of the water?? Nope!) Swimmers can ease back into it by attending swim camp on September 4, 6 and 7.



## Join DDAC September 4th 2pm - close EZ FREEZY FUNDRAISER

11904 SE Division St Portland, OR 97266 The Best Frozen Yogurt in Oregon!!



## **Upcoming Meets**

T-Hills Summer Classic July 6-8, 2018

10 & under State Championships July 14-15, 2018

Summer Blast #3 at MHCC July 21, 2018

11 & Over State Championships July 26-29, 2018

Bend Open at Bend, OR August 10-12, 2018

Summer Blast #4 at MHCC August 12, 2018

For more information on each meet, please see the Events tab on our website: <a href="https://www.teamunify.com/orddsc">https://www.teamunify.com/orddsc</a>



Photo by Amanda Smith

## **Upcoming Water Polo**

No water polo!

# July and August Birthdays

## Happy birthday to our swimmers!

Ja'lan Abdullah	July 3	Silver I
<b>Wysteria Chanthabouly</b>	July 5	Silver I
<b>Abel Grigoras</b>	July 8	Gold
Ariya Abdulla	July 10	Silver I
<b>Merari Ramirez Angeles</b>	July 14	Senior
Ariana Cardoza	July 17	Bronze
<b>Chase Ewell</b>	July 19	Gold
Rae Dodson	July 26	Gold
Gessar Khyungratsang	July 27	Bronze
<b>Cailin Schwam</b>	July 27	Silver I
<b>Kevin Nguyen</b>	July 28	Gold
<b>Ren Gionet</b>	July 30	Silver II
<b>Hoang Brendan Huynh</b>	July 30	Silver II
Justin Nguyen	August 1	Gold
Alyssa Siripatrapa	August 3	Silver II
<b>Zachary Young</b>	August 3	Silver II
<b>Amir Hossein Mahdi</b>	August 4	Senior
Sofia Mindra	August 4	Silver II
<b>Brian Vuong</b>	August 5	Bronze
<b>Makayla Smith</b>	August 7	Senior
<b>Landon Hoang</b>	August 8	Silver I
Mia Smith	August 9	Senior
<b>Tavaris DeRoest</b>	August 12	Gold
<b>Andrew Yelton</b>	August 18	Gold
Ava Goldbacher	August 20	Bronze
<b>Isabelle Gendron</b>	August 22	Silver II
Frances Nguyen-LeGallo	August 22	Gold
McKenzie Lang	August 25	Senior
Jacob Ngu	August 27	Bronze
<b>Mason Hanks</b>	August 28	Silver II
Senna Gionet	August 30	Silver I

### **Contacts**

**Jim Bowe**, President, Head Coach, Senior coach

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Jonathan Merkley, Silver and Bronze

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Coach

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Photo by Robin Young

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